

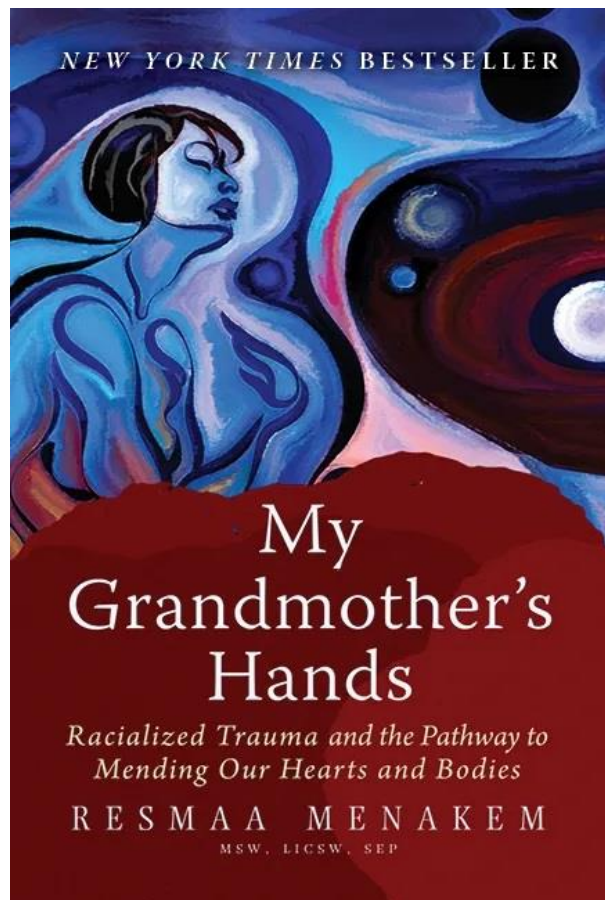


## Join Our New Study Group

West Linn Alliance for Inclusive Community (WLAIC)\* is forming a new study group to delve deeply into the issues raised in Resmaa Menakem's book *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. Key to this book is the perspective that all Americans are affected by racism. We all live in our bodies, and it is through our bodies that we experience the world and the intergenerational traumas caused by white supremacy.

This study group is not for the faint-hearted. It will take a commitment of several months to read, discuss, and do the practices suggested in the book. The 24 chapters are platforms for experiential learning and group discussion in the hope that we can find ways to mend our collective body.

To join, contact Tamara Gilbert at [creativeopenings097@gmail.com](mailto:creativeopenings097@gmail.com) by May 10.



*\*WLAIC is a project of the Charitable Partnership Fund, a publicly supported 501(c)(3) charitable organization.*